

ZERO PREMIUM PRESENTS

LITTLE EXPLORERS

SMALL FEET. BIG DISCOVERIES.

KIDS + FAMILY PROGRAMMES



Illustrative family photography / Kampus Production.

ALGARVE + SÃO MIGUEL

ALGARVE + SÃO MIGUEL

2026 / 27

01

What will they talk about at dinner?

A bird with impossibly long legs? A tiny world under a microscope? A pineapple growing under glass? Build a holiday around discoveries that belong to the children too.

- 01 **Lagoon detectives**
- 02 **Science, then seaside**
- 03 **Make, taste, remember**
- 04 **A little braver**
- 05 **Volcano detectives**
- 06 **A curious appetite**
- 07 **Ocean lookout**
- 08 **First waves**



Illustrative photograph.

Choose a private family day, a three-night Algarve mini-break or a five-night São Miguel discovery. Every programme is tailored; parents or agreed responsible adults stay involved.

Different ages. Different adventures.

Interests, confidence and energy matter as much as birthdays. These are planning ideas, not admission rules.

3-5

Little wonderers

Short discoveries, colour hunts, sand play and simple making. Keep familiar meals, naps and a quick way back.

Try: a small nature mission and a relaxed craft session.

6-9

Curious explorers

Questions, clues and hands-on challenges. One main mission, with time to play and a pause before dinner.

Try: lagoon detective work, science or a fruit-growing story.

10-14

Young trailblazers

A little more independence within agreed supervision. Deeper questions, photography and a challenge chosen together.

Try: volcano discovery, a suitable ropes course or ocean observation.

SIBLINGS DO NOT HAVE TO DO THE SAME THING

We can propose a shared starting point with an easier or more challenging version. Tell us about toddlers, older teens and any individual support needs when enquiring.



THE ALGARVE

LAGOON. SAND. SUNSHINE.

The outdoors becomes a story: spot a bird, follow the tide from a safe path, build something in the sand and finish with a family meal.

Prefer one coast, not a daily cross-region drive. Match the base to the missions you choose.

Culatra lighthouse. Island crossings and visits are optional, subject to conditions.

ONE GOOD MISSION. PLENTY OF FREE PLAY.

MISSION 01

RIA FORMOSA / NATURE + DISCOVERY

Who left those footprints in the mud?



Ria Formosa / little egret. Observe quietly and keep your distance.

THE CHILD'S MISSION

Find three different shapes: a bird's beak, a leaf and a ripple. Draw them; leave the real things where they belong.

THE FAMILY EXPERIENCE

A short guided nature walk on a selected route, such as Quinta de Marim, with binoculars, shade breaks and time for questions.

Suggested focus: ages 6–14, with a shorter colour-and-shape version for younger children. Indicative activity window: 1.5–2.5 hours, excluding transfers. Confirm opening, terrain, toilets, weather and any tickets before travel.

Quinta de Marim: [official route information](#)

MISSION 02

FARO / A CURIOUS HALF-DAY

A very small world. A very big question.



Illustrative science photography.

At Centro Ciência Viva do Algarve, the sea becomes a starting point for discovery. Explore the exhibitions, then leave space for a waterfront snack and a relaxed family finish.

ASK THIS

What could you learn about the sea without getting into the water? Bring one question and leave with a new one.

PARENT PLAN

Confirm workshops separately: age range, language, duration and adult participation. Admission alone does not guarantee a place.

Explore the centre and its current programme

MISSION 03

A CREATIVE FAMILY DAY / BOTH DESTINATIONS

MAKE. TASTE. REMEMBER.

Let the souvenir be something they made. Request a family craft session, tile-inspired painting or a child-friendly cooking activity with a suitable local host.

ONE IDEA, MANY AGES

Younger children can explore colours and shapes. Older children can design a pattern, follow a recipe or document the story behind a local ingredient.



Illustrative craft photography.

This is a bespoke programme concept. The host, venue, materials, age suitability and supervision must be confirmed. Cooking needs advance allergy arrangements; tasting is optional. Allow roughly 1.5–2 hours for the activity.

Ask ZERO to create your family workshop

A LITTLE BRAVER.

A challenge should feel exciting, not compulsory. Choose an adventure at the right level, and celebrate the attempt as much as the finish.



Illustrative adventure photography; the pictured site is not in the programme.

Their level. Their moment.

Parque Aventura Lagos is one option to investigate for a western-Algarve day. Confirm the selected course's current age, height and equipment rules directly, plus the adult supervision required.

Keep the return relaxed. For a child who prefers not to climb, agree a separate ground-based activity with an adult. Do not assume siblings can use the same course.

BEFORE YOU PROMISE THE ADVENTURE

Check tickets, the exact course, harness fit, briefing language and weather policy. This is an optional day, not part of the eastern-Algarve mini-break.

Parque Aventura Lagos: [official tourism listing](#)

A little break. A lot to bring home.

**3
NIGHTS**

Three nights / four days. An illustrative private family stay around Faro and Olhão, with one main mission each day and generous play or rest time.

01 SETTLE IN

Arrive, check the family room or villa and let everyone reset. Keep dinner easy.

02 LAGOON DAY

A selected nature route and a child-sized discovery challenge. A quiet afternoon or supervised beach play if conditions suit.

03 CHOOSE ONE

Science in Faro or a private creative session. Add a relaxed meal; do not pack in a second major outing.

04 TAKE IT HOME

A final breakfast, a favourite-moment drawing and an unhurried departure.

Prefer a first-waves version? Choose a western-Algarve base near Lagos or Luz and replace the nature or science day with confirmed beginner surf lessons. Accommodation, transfers and activities are quoted individually.

SÃO MIGUEL

AZORES



**ASK
WHY.**

AN ISLAND FULL OF QUESTIONS.

Why is there steam? How does a pineapple grow? What lives in the Atlantic? Follow curiosity through green landscapes, local flavours and a world that rewards looking closely.

MISSION 05

FURNAS / LANDSCAPES + SCIENCE

The ground has a story.

**LOOK.
ASK.
LEARN.**



Furnas. Look from designated visitor areas.

Build a Furnas day around a short geothermal observation stop and an enquiry-led visit to OMIC, the Azores Microbial Observatory. It introduces the tiny living world associated with the islands' natural environments.

THE MISSION

Draw the landscape, then ask how scientists study things too small to see. A microscope activity or guided session must be specifically booked; it is not assumed with admission.

Stay behind barriers; do not touch water, vents or hot ground. For strong-smell sensitivity, plan a shorter or indoor alternative. Thermal bathing is not included.

OMIC: official visitor information

MISSION 06

SÃO MIGUEL / FROM GREENHOUSE TO STORY



Pineapple cultivation at the Arruda plantation.

Does a pineapple grow on a tree?

At Augusto Arruda's plantation, discover the glasshouses and look for different stages of growth. Turn the visit into a drawing challenge: fruit, leaves, soil and the shape of the greenhouse.

Ask about a suitable visiting time and the route for your family. Any child-friendly fruit tasting is arranged separately and is not assumed with admission. Dietary requirements still matter.

Extend the theme with a tea-growing story at Gorreana or a private food activity, if suitable and confirmed. Children do not need to taste anything to take part.

Arruda: plantation visitor information

MISSION 07

SÃO MIGUEL / WILD LIFE, REAL CONDITIONS

The ocean does not follow a script.



Common dolphins in Azorean waters. Wildlife sightings vary.

ON THE WATER

A whale-and-dolphin observation trip can be requested after confirming the exact vessel, child suitability, lifejackets, facilities and sea conditions.

ON LAND

Choose a coastal lookout, ocean-themed story or science visit instead. It is a full programme option, not an afterthought.

Ask about current minimum ages, duration, motion comfort, toilets, supervision and cancellation rules. No sightings are guaranteed. Follow the crew's wildlife instructions; swimming with wildlife is not part of this offer.

Futurismo: published fleet information

MISSION 08

BEGINNER SURF / ALGARVE + SÃO MIGUEL

FIRST WAVES. BIG SMILES.



Illustrative surf lesson photography / Kampus Production.

A first pop-up on the sand. A small wave with a coach beside them. A story they cannot wait to tell. In the Algarve and on São Miguel, beginner surf can become a memorable part of a family holiday.

START ON SAND. FIND YOUR BALANCE.

Two coastlines. One first adventure.

Choose a children's session or private family coaching, with a qualified local school selecting the beach and conditions. The aim is confidence, play and a good first encounter with the ocean.

ALGARVE

LAGOS + LUZ / FAMILY SURF

The Surf Experience offers children's sessions and private family coaching. Start with beach practice and gentle whitewater chosen by the instructor. A western-Algarve base keeps this version of the holiday relaxed.

The Surf Experience: kids + families

SÃO MIGUEL

A BEACH CHOSEN FOR THE DAY

Azores Surf Center offers complete-beginner and private family lessons. Santa Bárbara is one possible setting; the location varies with the season and conditions. Build in time for a snack and a quiet afternoon.

Azores Surf Center: lessons

MATCH THE LESSON TO THE CHILD

Share age, swimming ability and water confidence. Confirm minimum ages, coach-to-child ratio, language, suitable boards and wetsuits, insurance and who supervises each child.

Book the lesson before promising the day. The school confirms the surf conditions and rebooking terms; keep a beach or indoor alternative ready. Younger siblings and children who prefer the sand can have their own activity with an adult.

A curious island. A sensible rhythm.

**5
NIGHTS**

Five nights / six days. Choose a suitable family base around Ponta Delgada or Lagoa. Confirm the accommodation and daily driving before choosing the final order.

01 HELLO, ISLAND

Arrive, settle and keep the first evening familiar.

02 LITTLE SCIENTISTS

Enquire about Expolab in Lagoa, then a relaxed meal and free time.

03 LAKE DISCOVERY

A scenic Sete Cidades day with a short chosen stop and a drawing challenge.

04 VOLCANO STORIES

Furnas and a confirmed OMIC visit. One main region; no cross-island checklist.

05 CHOOSE YOUR FINALE

Pineapples and crafts, a beginner surf lesson or an ocean outing.

06 THE WAY HOME

Breakfast, a final passport entry and a planned airport transfer.

Keep a rest window every day. The sequence changes with bookings, weather and family energy. Add nights to include more missions without stacking them into a single day.



RAIN CHANGES THE PLAN. NOT THE MOOD.

An indoor discovery. A creative hour. A story in a quiet corner. Keep another kind of good day ready.

Illustrative family photography.

ALGARVE

Ask about Centro Ciência Viva do Algarve, a pre-arranged craft session or a quiet family activity at your base.

SÃO MIGUEL

Ask about Expolab in Lagoa, OMIC when already in Furnas, or a separately arranged creative session near your base.

Indoor does not mean available without booking. Confirm opening, session times, age suitability and tickets before promising the day to the children.

THERE ISN'T ONE WAY TO JOIN IN.

Tell us how your child enjoys discovering the world. We can build a brief around mobility, sensory, communication and dietary needs – and be clear about what providers can confirm.

A quieter version

Shorter sessions, less noise, fewer surprises and a place to pause.

A clearer plan

Simple written steps, photos in advance where available and a preferred communication format.

A different route

Stroller or wheelchair requirements, distances, surfaces, toilets and space to transfer.

A familiar routine

Food requirements, meal times, rest, comfort items and the option to stop early.

No specialist care or universal accessibility is implied. Agree any additional support, provider qualifications, venue suitability and scope before booking. A child can always choose not to take part.

BOOK FIRST. PROMISE LATER.

A good family programme is exciting for the children and clear for the adults. These points belong in the written proposal.

1 The right fit

Children's ages, interests, height where relevant, swimming confidence and any mobility, sensory, communication or dietary needs.

2 Confirmed places

Current opening, activity availability, tickets, language, duration and the provider's age, height, equipment and adult-participation rules.

3 Transport that fits

Child-seat requirements based on the children's details, stroller space, luggage, pick-up points and manageable driving days.

4 Clear supervision

Parents or agreed responsible adults remain involved. This is not an unsupervised drop-off club. Any childcare is a separate, explicitly agreed service.

5 A plan for change

Weather alternatives, emergency contacts, relevant assistance needs, provider safety arrangements and the cancellation or rebooking terms.

Share practical needs first; avoid sending unnecessary sensitive information in an initial enquiry. Prices and inclusions are confirmed case by case.

MY EXPLORER PASSPORT

Print this page or use a notebook. This is your adventure – there is no score to beat.

MY EXPLORER NAME: _____

☐ I NOTICED

Three colours or shapes in nature.

☐ I ASKED

One question that made me curious.

☐ I MADE

A picture, a pattern or a little story.

☐ I CARED

I gave wildlife space and left nature as I found it.

☐ I CHOSE

Something I wanted to try – or a pause I needed.

☐ I REMEMBER

My favourite moment with my family.

ONE THING I WANT TO DISCOVER NEXT: _____

Tell Ana about your little explorers.

Ana Melo, ZERO Premium's General Manager, works with Rodrigo on your family brief. Share dates, destination, children's ages, interests, preferred pace and practical needs.

info@zero.rentals

www.zero.rentals

We quote the stay and confirmed services clearly: accommodation, transport, guides, admissions, meals and private activities, with inclusions and exclusions. These are programme concepts, not pre-booked packages. Named venues are enquiry options, not confirmed ZERO partners.

OFFICIAL SOURCES / CHECKED SEPTEMBER 2026

Quinta de Marim / ICNF

Ciência Viva do Algarve

Parque Aventura / Visit Portugal

Expolab / Ciência Viva network

OMIC / Visit Azores

Arruda pineapple plantation

Futurismo fleet information

Gorreana tea estate

The Surf Experience / kids + families

Azores Surf Center / lessons

Activity windows and age suggestions are editorial planning guides, not operator admission rules. No timed slot, wildlife encounter, workshop, childcare or access arrangement is guaranteed by this publication.

REAL PHOTOGRAPHS. NEW STORIES.

PAGE 01

Family beach time / illustrative

Kampus Production / Pexels Licence

PAGE 04

Culatra lighthouse

Vitor Oliveira / CC BY-SA 2.0

PAGE 06

Hands-on science / illustrative

Yan Krukau / Pexels Licence

PAGE 08

Rope activity / illustrative

Sóc Năng Đĩnh / Pexels Licence

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Furnas geothermal landscape

Simiprof / CCO

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Common dolphins, Azores

Jules Verne Times Two / CC BY-SA 4.0

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Quiet reading / illustrative

Artem Podrez / Pexels Licence

PAGE 02

Young explorer / illustrative

RDNE Stock project / Pexels Licence

PAGE 05

Little egret, Ria Formosa

Jules Verne Times Two / CC BY-SA 4.0

PAGE 07

Making art / illustrative

Artem Podrez / Pexels Licence

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Nordeste, São Miguel

José Luís Ávila Silveira/Pedro Noronha e Costa / Public domain

PAGE 12

Arruda pineapple cultivation

JopkeB / CC BY-SA 4.0

PAGE 14

First surf lesson / illustrative

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A companion HTML edition offers reflowable text, image descriptions and the same programme content. Illustrations and graphic shapes are original editorial layout elements.